

Registration Form

Parent Name: _____
Address: _____

Day phone: _____
Cell phone: _____
Email: _____
Child with DS (name, age): _____
Other registrants (name, age): _____

I want to register for (check all that apply):

- InkDots _____ Gymboree (North)
0 - 5 yrs _____ Gymboree (South)
_____ SNAP (swimming) for 0-20 months
_____ SNAP (swimming) for 21-36 months
_____ Music & Movement
- KiDSACT _____ SNAP (swimming) beginner/intermediate
6 - 12 _____ SNAP (swimming) advanced
_____ Music & Movement
_____ Creative Movement Dance
_____ Cooking (North)
- Teens & Adults _____ SNAP (swimming) beginner/intermediate
_____ SNAP (swimming) - advanced
_____ Anti-Predator
_____ Creative Movement Dance
_____ Music and Movement
_____ Cooking (North)
_____ Cooking (South)
_____ The Art Project (one day per week)
- Williamson County _____ Gymboree (North)
_____ Cooking (6-12 and adult)
_____ Anti-Predator

Classes are FREE to Central Texas residents with Down syndrome and family members. Individuals with Down syndrome will be given first priority. Available slots will be filled by family members based on the date application is received by DSACT.

Pre-registration is required.

Waiver/ Release from Liability

I certify that I am the parent/ legal guardian of Participant. I certify that Participant is in good health and has no physical or other impediment which would endanger him/her while participating. I agree (on behalf of myself, my heirs, executors, administrators, and assigns) to release, discharge, waive and relinquish DSACT (or its officers, agents, employees, volunteers) from any and all liabilities, claims, or actions for personal injury, property damage, or wrongful death which may arise out of his/her participation. I grant permission to DSACT to use any/all photos or videos taken of participant for any DSACT promotional purpose, including but not limited to the website, newsletter, brochures, sponsor letters, or other promotional items.

Signature _____

Printed _____ Date ____ / ____ / ____

Down Syndrome Association of Central Texas
3710 Cedar Street, Box 3
Austin, TX 78705
www.dsact.com

Fall/Winter Program Guide 2009/2010



**Down Syndrome Association
of Central Texas**



InkDots (ages 0-5)

Gymboree (Central) - 8015 Shoal Creek Blvd.
Thursdays 3:00-3:45 p.m. running from 1 Oct to 4 Feb (excluding 26 Nov, 24 Dec, and 31 Dec)

Gymboree (North)-2000 South IH-35 Suite A-4, RR
Tuesdays 1:00-1:45 p.m. running from 29 Sep to 2 Feb (excluding 24 Nov, 22 Dec, and 29 Dec)

Music & Movement - 3701 Guadalupe, Ste 103
Saturdays 9:00 a.m. - 9:55 a.m. running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)

SNAP/ Special Needs Aquatics - YM-
CA Town Lake; 1100 W. Cesar Chavez
Saturdays running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)
Ages 0-20 months 10:40 a.m.- 11:20 a.m.
Ages 21-36 months 11:30 p.m.- 12:10 p.m.

KiDSACT (ages 6 - 12)

Music & Movement - 3701 Guadalupe, Ste 103
Saturdays 10:00 a.m. - 10:55 a.m. running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)

SNAP/ Special Needs Aquatics
YMCA Town Lake; 1100 W. Cesar Chavez
Saturdays running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)
Beginner/Intermediate 12:20 p.m.- 1:00 p.m.
Advanced/Superadvanced 1:10 p.m.- 1:50 p.m.

Creative Movement Dance
Dance Associates, Inc. 831-A Houston Street
Wednesdays 6:30 p.m. - 7:30 p.m. running 30 Sep to 3 Feb (excluding 25 Nov, 23 Dec, and 30 Dec)

Cooking (for ages 6-12) (North)
Young Chef's Academy 1300 Gattis School Road, Suite 100
Saturdays 5:30-7:00, running 17 Oct and 7 Nov

Teens & Adults

Anti-Predator Awareness
Brushy Creek Parks and Recreation, 16318 Great Oaks Drive, Round Rock 78681
Sundays, 3:00 p.m. - 4:00 p.m. running on 27 Sep, 11 and 18 Oct, 1 and 15 Nov, 6 and 13 Dec, 17 and 31 Jan, 14 and 28 Feb, 14 and 28 Mar, 11 and 25 Apr, 16 May, and 6 and 27 June.

SNAP/ Special Needs Aquatics
YMCA Town Lake; 1100 W. Cesar Chavez
Saturdays running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)
Beginner/Intermediate 12:20 p.m.- 1:00 p.m.
Advanced/Superadvanced 1:10 p.m.- 1:50 p.m.

Cooking (North)
Young Chef's Academy 1300 Gattis School Road, Suite 100
Saturdays 5:30-7:00, running 17 Oct and 7 Nov

Cooking (South)
Young Chef's Academy 617 W. Slaughter Lane, Ste. 105
Saturdays, 5:30 p.m. - 7:30 p.m. 9 Oct, and 5:00 p.m. - 7:00 p.m. 14 Oct

Music & Movement - 3701 Guadalupe, Ste 103
Saturdays 11:00 a.m. - 11:55 a.m. running 3 Oct to 7 Feb (excluding 31 Oct, 14 Nov, 26 Dec, 2 Jan, and 16 Jan)

Creative Movement Dance
Dance Associates, Inc. 831-A Houston Street
Wednesdays 6:30 p.m. - 7:30 p.m. running 30 Sep to 3 Feb (excluding 25 Nov, 25 Dec, and 30 Dec)

The Art Project
ARC of the Capital Area , 6717 Burnet Road
W-S 10:00 a.m.-2:00 p.m.- Participants can register for one visit to the Art Project per week via DSACT.

Williamson County

Gymboree (North)-2000 South IH-35 Suite A-4, RR
Tuesdays 1:00-1:45 p.m. running from 29 Sep to 2 Feb (excluding 24 Nov, 22 Dec, and 29 Dec)

Anti-Predator Awareness
Brushy Creek Parks and Recreation, 16318 Great Oaks Drive, Round Rock 78681
Sundays, 3:00 p.m. - 4:00 p.m. running on 27 Sep, 11 and 18 Oct, 1 and 15 Nov, 6 and 13 Dec, 17 and 31 Jan, 14 and 28 Feb, 14 and 28 Mar, 11 and 25 Apr, 16 May, and 6 and 27 June.

Cooking (for ages 6 - adult)
Young Chef's Academy 1300 Gattis School Road, Suite 100
May 30, Jun 27, Jul 25, and Aug 1: 5:30-7:00



Class Descriptions

Gymboree
Incorporates engaging activities that help to build your child's cognitive, social and physical skills.

Music & Movement

InkDots: To work with parents and infants/toddlers to explore new ways of communicating and expression through movement and music.

KiDSACT: To provide a safe environment that offers many opportunities for developmentally appropriate exploration of movement, rhythm and music.

Teen/Adult: To work within the creative mediums of dance and performance art using sound, movement, and physicality in the expression of the human experience. Provide an opportunity and structure within the creative process to naturally encourage healthy socialization and quality of life. Participants will have an opportunity to perform at Boyd Vance Theater on Nov.15 during the East Side Studio Tour.

SNAP/ Special Needs Aquatics
Swimming instruction for children with special needs, with an emphasis on pool/ water safety. Classes are tailored to fit individual skills.

Creative Movement Dance

Students learn several styles of dance and are taught balance, alignment, terminology, and technical skills in ballet, tap, jazz, and creative movement.

Art at the ARC

Matches adults with disabilities with professional artists in the community.

Anti-Predator Awareness

Teaches people over 12 techniques for avoiding predators using a system called Stay Safe.